

**DC Children’s Trust Fund
Summary of Training Topics**

TOPIC	SUMMARY	PARENTS	SERVICE PROVIDERS
Circle of Parents Parent Support Groups	Training and technical support on the model for parent groups and children’s programs are provided.	X	X
Child Abuse & Neglect Prevention	Includes training modules on: <ul style="list-style-type: none"> • the 5 protective factors for child safety at home; • DC Laws on child abuse and neglect; • Mandated Reporting laws; • Social ecological model of prevention. (Modules are tailored for different audiences.) 	X X X X	X X X X
Stress Management	Differentiates between good and toxic stress. Offers stress management strategies such as meditation.	X	X
Healthy Relationships/ Unhealthy Relationships/Toxic Relationships	Defines what is a healthy relationship and what is a toxic relationship. Discusses the rewards and challenges of relationships. Demystifies “happily ever after” syndrome.	X	X
Non-violent Conflict Resolution	Trains youth how to get out of a difficult situation before it erupts into violence. Has 4 modules	X	X
Infant Massage	Teaches parents how to communicate with babies nonverbally through strokes, which are demonstrated on life size dolls. Designed to strengthen the bond between parent and child	X	
Life Skills Program	Provides a comprehensive “Science of Living” curriculum for teaching life skills to youth. Has 10 modules.		X
Domestic Violence Prevention & Intervention	Presents the causes and dynamics of intimate partner abuse. Provides cultural information on the manifestation of domestic violence among African Americans. Offers strategies for intervention and prevention.	X	X

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Cultural Competence	A series of exercises for self-discovery and conveying the importance of and strategies for serving diverse populations		X
Shared Leadership/ Parent Empowerment	Uses Parents Anonymous® Shared Leadership in Action to teach professionals and parents how to form meaningful partnerships.	X	X
Parent Leadership Academy	Parent Leadership Training, 10 2-hour sessions	X	
Strengthening Families	Training on the five protective factors that would reduce the likelihood of child maltreatment in families. Initially designed for early learning center personnel but since has expanded to other service populations and the policy level.	X	X
ABC's of Advocacy	Helping Parents advocate for themselves and their children	X	
Parent Education	Includes: <ul style="list-style-type: none"> • Effective Black Parenting • New Confident Parenting • Los Ninos Bien Educados 		X
Program Planning and Evaluation	Model for planning, tracking, and evaluating program results		X